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Sep 26, 2011 He is the author of 18 Minutes: Find Your Focus, Master I recently spoke to Peter Bregman, Find Your Focus, Master Distraction, and Get the Right

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Peter Bregman. CEO of Bregman Partners, Inc., a global management consulting firm which advises CEOs and their leadership teams. Author of 18 Minutes: Find Your

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Nov 06, 2011 My previous book was the Wall Street Journal bestseller 18 Minutes: Find Your Focus, Master Distraction, An 18 Minute Plan for Managing Your Day.

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